

Dental Hygiene (B.Sc. Dental Hygiene / Diploma in Dental Hygiene)

90% of Indians Have Oral Disease — Only 16,000 Dental Hygienists Registered Nationally

A Mentor's Complete Guide for Students from Western UP, India | 2025-26

COURSE SNAPSHOT

Dental Hygienists perform preventive oral health care: scaling, polishing, fluoride application, oral health education, taking X-rays, and assisting dentists in clinical procedures. India has 90% of its population affected by dental caries or periodontal disease, and only 16,000 registered dental hygienists.

Qualification: B.Sc. Dental Hygiene (3 years, DCI recognised) or Diploma in Dental Hygiene (2 years, DCI recognised). The Dental Council of India (DCI) is the mandatory regulatory body — ensure any institution is DCI registered.

ELIGIBILITY

- 10+2 PCB minimum 45-50% for B.Sc. / Diploma.
- Age: 17-25 years.
- No national entrance exam — state dental council counselling or college merit.
- DCI requires that the institution must be DCI-recognised — this is non-negotiable.

ADMISSION TIMING

- Government Dental Colleges: April-June notification, July-August admission.
- Private Dental Colleges: rolling admissions May-September.
- UP state counselling for dental paramedical: check DMET UP (dmeup.gov.in) annually.

TOP INSTITUTIONS

Government Dental Colleges (Highly Recommended):

- Government Dental College, KGMU Lucknow — UP state, affordable, DCI recognised.
- Maulana Azad Institute of Dental Sciences, New Delhi — premier, central government.
- Dr. R. Ahmed Dental College, Kolkata — oldest government dental college.
- Government Dental College, Amritsar — north India government option.

Private (Reputable, DCI Recognised):

- Subharti Dental College, Meerut — western UP, close to home.
- Santosh Dental College, Ghaziabad — UP-based, DCI recognised.

- Manav Rachna Dental College, Faridabad — NAAC accredited.
- Teerthanker Mahaveer Dental College, Moradabad — western UP, affordable.

Fee Range:

- Government: Rs. 5,000-18,000/year. Private: Rs. 50,000-1,50,000/year.

FUTURE PROSPECTS

- Private dental clinics (single practitioner and group practices) — biggest employer.
- Corporate dental chains: Clove Dental (600+ clinics), Dental World, Sabka Dentist (900+ clinics).
- Government dental health programmes: National Oral Health Programme (NOHP) — PHC/CHC posts.
- School dental health programmes — government and private schools.
- Dental product companies: Colgate-Palmolive, GSK (Sensodyne), Dentsply Sirona — field representative roles.

International:

- Gulf: UAE, Qatar, Bahrain — dental hygienist roles Rs. 1.5-2.5L/month; DHA/MOH exam required.
- UK: GDC (General Dental Council) registration exam — NHS dental hygienist GBP 28,000-42,000/year.
- Australia: AHPRA registration, skilled migration SOL includes Dental Hygienist.
- Canada: NDHCB (National Dental Hygiene Certification Board) pathway.

TAKE-HOME SALARY GUIDE (Monthly)

Career Stage	Govt Sector (pm)	Private Sector (pm)	After PG/Specialisation
Fresher (0-2 yrs)	Rs. 15,000-25,000	Rs. 15,000-28,000	Rs. 30,000-50,000
Mid-level (3-6 yrs)	Rs. 25,000-40,000	Rs. 30,000-60,000	Rs. 55,000-90,000
Senior/Specialist	Rs. 40,000-60,000	Rs. 55,000-1,00,000	Rs. 90,000-1,60,000
Gulf/International	—	Rs. 1,50,000-2,50,000	Rs. 2,50,000-4,00,000

SPECIALISATION PATHWAYS

- Periodontology focus — advanced scaling, root planing training.
- Paediatric Dental Hygiene — school dental health programmes.
- M.Sc. Dental Hygiene (limited Indian options; UK/Australia offer PG programmes).
- Dental Public Health certification.

SCAM & PITFALL WARNINGS

- Institutions NOT registered with DCI — this is the most common dental education scam. Verify at dciindia.org.in.
- Fake 'International Dental Hygienist' certificates from unknown bodies — only DCI (India), GDC (UK), AHPRA (Australia) matter.
- Private dental schools with no functional dental chairs or OPG machine — visit and count the chairs.

■ Gulf agents charging Rs. 1-2L for 'dental job placement' without DHA exam preparation — get the DHA exam date first.

■ Colleges offering 1-year 'dental hygienist' courses — minimum standard is 2-year DCI-recognised diploma.

HOW TO VERIFY YOUR COLLEGE

- ✓ Dental Council of India: dciindia.org.in — verify college and course approval.
- ✓ UP DMET: dmeup.gov.in — for government dental college admissions.
- ✓ UAE DHA licensing: dha.gov.ae.
- ✓ UK GDC: gdc-uk.org.
- ✓ Australia AHPRA: ahpra.gov.au.

This guide is prepared as a mentor resource for students from western Uttar Pradesh, India. Always verify current information with official regulatory bodies before making admission decisions. Fees, salaries and policies change — use this as a direction guide, not the final word.