

Geriatric Care Technology / Elder Care Management

India's Silver Economy: 14 Crore Elderly Now, 34 Crore by 2050 — Outstanding International Pathway

A Mentor's Complete Guide for Students from Western UP, India | 2025-26

COURSE SNAPSHOT

Geriatric Care Technologists are trained to manage the complex health needs of elderly patients — chronic disease management, mobility assistance, dementia care, palliative care, nutrition in ageing, end-of-life planning, and family counselling. This is the single fastest-growing paramedical niche globally.

Japan, Australia, UK, Canada, and Germany are in a severe shortage of geriatric care workers and are actively recruiting from India. Salaries in these countries are Rs. 2-5L/month with PR possibilities within 2-4 years.

Qualification pathways: B.Sc. Geriatric Care (3 years), B.Sc. Home Science + Geriatric specialisation, Diploma in Geriatric Care (1-2 years), Post-graduate Diploma in Geriatric Medicine (for MBBS holders).

ELIGIBILITY

- 10+2 (any stream, but PCB preferred) minimum 45%.
- Empathy, patience, communication skills — assessed through interview at most institutions.
- English proficiency critical for international career pathway.

ADMISSION TIMING

- B.Sc. programmes: July-August admission, April-May notification.
- Diploma programmes: rolling admissions.
- International pathway (Japan, Germany): language course begins Year 1 alongside clinical training.

TOP INSTITUTIONS

Government/Central:

- AIIMS New Delhi — Geriatric Medicine Department offers training.
- National Institute of Social Defence (NISD), New Delhi — elder care programmes.
- IGNOU — Certificate and Diploma in Geriatric Care (distance, with practical components).

Private (Reputable):

- Nitingales Medical Trust, Bengaluru — India's pioneer in dementia/elder care training.
- Agewell Foundation, Delhi — elder care training programmes.
- Sharda University Greater Noida — B.Sc. with Geriatric Care modules.
- Amity University — integrated elder care curriculum in nursing/paramedical.

International Training Programmes:

- Indo-German Dual Training Programmes: DGET-recognised centres — includes German language training + clinical skills.
- TITP Japan (Technical Intern Training Programme): elder care route — apply through JITCO-approved sending organisations.

FUTURE PROSPECTS

- Government: Senior Citizen Homes under Social Welfare Departments — state government posts.
- Private old-age homes: Antara Senior Living, Ashiana Senior Living, Columbia Pacific Communities.
- Home healthcare companies: Portea Medical, Care24, mFine — domiciliary geriatric care.
- Palliative care centres — expanding rapidly with support from state government programmes.

International (Most Promising in Entire Paramedical Field):

- Japan: 3-year Specified Skilled Worker (SSW) visa for care workers — Rs. 1.5-2.5L/month + PR pathway.
- Germany: Elder care professional (Altenpfleger) — EUR 2,000-3,200/month, permanent residency in 5 years.
- Australia: Aged Care Certificate III/IV — PR pathway via skilled migration, Rs. 2.5-4L/month.
- Canada: PSW (Personal Support Worker) — Ontario especially recruiting aggressively. Rs. 2-3.5L/month.
- UK: International Health and Care Visa — care worker category specifically opened for India.

TAKE-HOME SALARY GUIDE (Monthly)

Career Stage	Govt Sector (pm)	Private Sector (pm)	After PG/Specialisation
Fresher India (0-2 yrs)	Rs. 15,000-25,000	Rs. 18,000-30,000	Rs. 35,000-55,000
Mid-level India (3-6 yrs)	Rs. 25,000-40,000	Rs. 35,000-65,000	Rs. 60,000-1,00,000
Japan SSW Visa	—	Rs. 1,50,000-2,50,000	Rs. 2,00,000-3,00,000
Australia/Canada/UK	—	Rs. 2,50,000-4,00,000	Rs. 3,50,000-5,50,000
Germany (Altenpfleger)	—	Rs. 2,00,000-3,50,000	Rs. 3,00,000-5,00,000

SPECIALISATION PATHWAYS

- Dementia Care Specialist — CDP (Certified Dementia Practitioner) from National Council of Certified Dementia Practitioners.
- Palliative Care certification — Indian Association of Palliative Care (IAPC).
- Geriatric Nutritionist — combined qualification with dietetics.
- M.Sc. Gerontology — for management/research roles.

SCAM & PITFALL WARNINGS

- Fake TITP Japan agents — Japan officially approves sending organisations; list is on JITCO website (jitco.or.jp). Verify your agent.
- German language institutes claiming 'guaranteed Germany job' — German employers select candidates after B2-level German exam (Goethe Institute). No guarantee is possible.

■ Fake Australia 'care worker visa' agents charging Rs. 3-5L — Australian immigration is applied directly at immi.homeaffairs.gov.au; agents cannot guarantee visas.

■ UK 'care worker sponsor' scams — employers must be on the Home Office sponsor list (check: gov.uk/check-uk-visa). Verify before paying any visa fee.

■ Institutions offering online-only geriatric care degrees — hands-on clinical training is mandatory; 100% online is fraudulent.

HOW TO VERIFY YOUR COLLEGE

✓ Japan TITP: JITCO website jitco.or.jp — approved sending organisations list.

✓ Germany: Make it in Germany official portal: make-it-in-germany.com.

✓ Australia immigration: immi.homeaffairs.gov.au.

✓ UK care worker sponsor list: gov.uk/government/publications/register-of-licensed-sponsors-workers.

✓ Canada: ircc.canada.ca.

✓ India: NISD registration nisd.gov.in.

This guide is prepared as a mentor resource for students from western Uttar Pradesh, India. Always verify current information with official regulatory bodies before making admission decisions. Fees, salaries and policies change — use this as a direction guide, not the final word.